



## **Compass 101 Mentoring Program 10 Ideas for Student Meetings**

1. Assess the student's needs by going over his/her LASSI results together.
2. Complete the SMART Goals worksheet together.
3. Help the student create a study schedule using the Weekly Planner form.
4. In order to assess the student's level of motivation, ask him/her to complete the Motivation Worksheet.
5. Ask the student to write a reflection after attending an Academic Success Workshop.
6. Ask the student to bring in his/her course syllabi. Together, discuss the grading policies, class structure, and major assignments for each class. Ask the student to complete the Academic Assignment Report and keep up with his/her grades throughout the semester.
7. Require the student to take StrengthsQuest through Career Services (most freshmen have already taken this assessment). Discuss how his/her results will help him/her succeed this semester.
8. Encourage the student to try a new study strategy (e.g., a new visual organizer). During the following meeting with the mentee, ask him/her to show you how s/he used the strategy. Together with the student, assess its effectiveness.
9. If note-taking is an issue for the student, ask to see his/her class notes. Discuss strategies for improving note-taking skills.
10. Require the student to complete the Study Environment Inventory in order to assess his/her study sessions. Discuss the results together.