Disabilities Fact Sheet

- A person with a disability is anyone who:
  - Has a physical or mental impairment which substantially limits one or more major life activities including, but not limited to walking, seeing, hearing, speaking, sleeping, breathing, learning, concentrating, thinking, communicating, standing, reading, and working.
  - Has a record of such impairment.
  - Is regarded as having such an impairment.

- Examples of Disabilities:
  - Visual Impairment.
  - Hearing Impairment.
  - Learning Disability.
  - Mobility Impairment.
  - Physical and Systemic Illness/Injury.
  - Communication Disorder.
  - Mental Health Disability.
  - Head Injury/Traumatic Brain Injury.
  - ADHD.