

# Texas Christian University

## Center for Academic Services



~Services for Students with Disabilities~  
Sadler Hall, Room 1010, TCU Box 297710  
Ft. Worth, Texas  
817-257-6567



[http://www.acs.tcu.edu/disability\\_services.asp](http://www.acs.tcu.edu/disability_services.asp)

### Major Life Activities

What is a major life activity? As defined by the Americans with Disabilities Act (ADA) as amended, major life activities include, but are not limited to the following:

- Caring for oneself;
- Performing manual tasks;
- Seeing;
- Hearing;
- Eating;
- Sleeping;
- Walking;
- Standing;
- Lifting;
- Bending;
- Speaking;
- Breathing;
- Learning;
- Reading;
- Concentrating;
- Thinking;
- Communicating; and,
- Working.

A major life activity as defined by the Americans with Disabilities Act Amendments Act as amended also includes the operation of a major bodily function, including but limited to:

- Functions of the immune system;
- Normal cell growth;
- Digestive;
- Bowel;
- Bladder;
- Neurological;
- Brain;
- Respiratory;
- Circulatory;
- Endocrine; and,
- Reproductive function.