Find out how compatible you are with your final exams!

1. I know when my final exams are scheduled.
   a) Yes
   b) No

2. I have prepared a calendar with exam dates and times.
   a) Yes
   b) No

3. I am aware of the “More Than Two Final Exams in 24 Hours” policy.
   a) Yes
   b) No

4. I review my course syllabi for final exam clues.
   a) Always
   b) Sometimes
   c) Never

5. I find out from my professors/course syllabi what types of questions will be on the exam (multiple choice, essay, etc.) and how much the final exam counts toward the final grade.
   a) Always
   b) Sometimes
   c) Never

6. I discuss with my professors mistakes on past exams.
   a) Always
   b) Sometimes
   c) Never

7. I plan adequate study time for each exam.
   a) Always
   b) Sometimes
   c) Never

8. I keep my course materials organized and in a logical order.
   a) Always
   b) Sometimes
   c) Never

9. I break large study tasks into smaller sub-tasks.
   a) Always
   b) Sometimes
   c) Never
10. I prepare potential test questions from themes, central issues, old exams, my syllabi, and information that the professor emphasized.
   a) Always
   b) Sometimes
   c) Never

11. I recite information—explain key concepts, formulas, processes, issues—to myself or to someone else.
   a) Always
   b) Sometimes
   c) Never

12. I take short study breaks during my study sessions.
   a) Always
   b) Sometimes
   c) Never

13. I take care of myself by eating regularly, exercising, and getting plenty of sleep.
   a) Always
   b) Sometimes
   c) Never

14. When the test is handed out, I look over the entire test and decide on a plan of attack. I jot down formulas for math tests and an outline for essay tests. I determine the point value and how much time to spend on each section. I carefully read the directions and each test question.
   a) Always
   b) Sometimes
   c) Never

15. If I am confused about something on the exam, I ask for clarification.
   a) Always
   b) Sometimes
   c) Never

Now, determine your score by using the point values for each question below.
Questions 1-3
   a) 3 pts.
   b) 0 pts.

Questions 4-15
   a) 3 pts.
   b) 2 pts.
   c) 0 pts.

Your Score= ______________
25-35 Pts.: You are prepared!
You are compatible with your final exams! Consider yourself “in the know”! You take time to plan out a schedule and you study in advance. You are not afraid to ask questions or seek help. Continue your hard work and dedication.

15-24 Pts.: You are somewhat prepared!
You are compatible with final exams, but not to the fullest. You know that you need to study ahead of time and ask questions, now you must do it! Don’t be afraid to seek guidance and give yourself plenty of time to prepare for finals.

0-14 Pts.: Uh oh! You are not prepared for your finals! But it’s not too late! You have plenty of room for improvement. Don’t get discouraged; it is never too late to begin! Create a plan of attack and don’t be afraid to seek help. In the past, final exam time has been stressful for you, but this time you will conquer procrastination and prepare well in advance.